



Empire Home Fitness Quick Spec Sheet *LifeFitness* Club Recumbent Bike

Resistance Levels	25
Seat Adjustments	34 positions
Maximum User Weight	400 lbs (180 kg)
Unit Length	54" (137 cm)
Unit Width	26" (66 cm)
Unit Height	51" (130 cm)
Unit Weight	134 lbs (60 kg)
Power Requirements	Self-powered
Safety	CE, CEN, CSA, TUV, UL
Warranty	Lifetime warranty on frame, 3-year on parts, 1-year on labor (warranties outside the U.S. may vary)
Pedals	Wide Ride™ self-leveling pedals with straps
Resistance System	Self-contained alterator



Empire Home Fitness

Quick Spec Sheet *LifeFitness* Club Recumbent Bike Console

Club Series Console

Derived from our best-selling health club model to provide the most advanced programs and the ultimate in workout variety

19 workout programs

Polar® wireless heart rate chest strap

HeartSync™ heart rate controlled workouts

7 My Workouts™ personalized programs