



Empire Home Fitness

Quick Spec Sheet PaceMaster Gold VR

Drive Motor:	3 hp Continuous Duty
Motor Manufacturer:	McMillan Motors (St. Paul, MN)
Motor Control:	Dual Microprocessor Digital Control System
Elevation Motor:	1000 lb. Thrust
Dimensions:	Running Surface: 20" x 60", Overall: 73.5"L x 28"W x 57"H
Treadmill Weight:	205 lbs.
Frame:	Welded aircraft grade extruded aluminum alloy with lifetime warranty
Speed Range:	0.5 to 12 mph
Elevation Range:	0% to 15% adjustable in 0.5% increments
Belt:	2 ply Stretch Resistant Premium Grade
Deck:	Custom designed, medium density fiberboard with phenolic surface
Rollers:	2.5" precision ground steel with permanently lubricated sealed bearings
Shock Absorption System:	Tri-Flex™ Impact Shock Management System
User Weight Capacity:	350 lbs.
Power Requirements:	120 VAC 50-60hz
Warranty:	Lifetime Frame, 12 years Drive Motor, 5 years Parts, 1 year Labor
Manufacturing Facility:	Made in the USA - West Caldwell, NJ
Motivational Feedback:	Time, Speed, Distance, Incline, Calories, Aerobic Points, Heart Rate, Heart Rate Zone, Average Speed, Pace



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Program Options:

- Quick Start
- Manual
- Calorie Coach

9 levels of intensity for each of these programs:

Thigh Shaper, Glute Toner, Waist Reducer, Hill Intervals,
Speed Intervals, Mixed Intervals

Custom Programs: Three

Heart Rate Programs: Heart Zone Monitor, Target HRC,
Fat Burn Zone HRC, Cardio Zone, Interval HRC

Virtual Reality (VR) Courses: Lombard Street, Steeple Chase,
Appalachian Trail, Summit Climb

Fitness Evaluation: Yes

Displays: 12 X 15 Multi-Color Dot Matrix, 3 - .56" tall LEDs, 2 -.80" tall LEDs

Heart Rate Interactive: Yes

Express Speed Keys: Yes

Express Incline Keys: Yes

Automatic Warm-Up/Cool-Down: Yes

User IDs: 4