



## Empire Home Fitness

### Quick Spec Sheet PaceMaster Platinum Pro VR

<b>Drive Motor:</b>	3 hp Continuous Duty
<b>Motor Manufacturer:</b>	McMillan Motors (St. Paul, MN)
<b>Motor Control:</b>	Dual Microprocessor Digital Control System
<b>Elevation Motor:</b>	1000 lb. Thrust
<b>Dimensions:</b>	Running Surface: 20" x 60", Overall: 73.5"L x 33"W x 57"H
<b>Treadmill Weight:</b>	205 lbs.
<b>Frame:</b>	Welded aircraft grade extruded aluminum alloy with lifetime warranty
<b>Speed Range:</b>	0.5 to 12 mph
<b>Elevation Range:</b>	-3% to 12% adjustable in 0.5% increments
<b>Belt:</b>	2 ply Stretch Resistant Premium Grade
<b>Deck:</b>	Custom designed, medium density fiberboard with phenolic surface
<b>Rollers:</b>	2.5" precision ground steel with permanently lubricated sealed bearings
<b>Shock Absorption System:</b>	Tri-Flex™ Impact Shock Management System
<b>User Weight Capacity:</b>	350 lbs.
<b>Power Requirements:</b>	120 VAC 50-60hz
<b>Warranty:</b>	Lifetime Frame, 12 years Drive Motor, 5 years Parts, 1 year Labor
<b>Manufacturing Facility:</b>	Made in the USA - West Caldwell, NJ
<b>Motivational Feedback:</b>	Time, Speed, Distance, Incline, Calories, Aerobic Points, Heart Rate, Heart Rate Zone, Average Speed, Pace



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# Quick Spec Sheet PaceMaster Platinum Pro VR Console

### Program Options:

- Quick Start
- Manual
- Calorie Coach

### 9 levels of intensity for each of these programs:

Thigh Shaper, Glute Toner, Waist Reducer, Hill Intervals,  
Speed Intervals, Mixed Intervals

**Custom Programs:** Three

**Heart Rate Programs:** Heart Zone Monitor, Target HRC, Fat Burn  
Zone HRC, Cardio Zone, Interval HRC

**Virtual Reality (VR) Courses:** Lombard Street, Steeple Chase,  
Appalachian Trail, Summit Climb, Coastal Path, Tahoe Rim

**Fitness Evaluation:** Yes

**Displays:** 12 X 15 Multi-Color Dot Matrix, 3 - .56" tall LEDs, 2 -.80" tall LEDs

**Heart Rate Interactive:** Yes

**Contact Heart Rate:** Yes

**Express Speed Keys:** Yes

**Express Incline Keys:** Yes

**Automatic Warm-Up/Cool-Down:** Yes

**User IDs:** 4