



Empire Home Fitness

Quick Spec Sheet PaceMaster Silver Select

Drive Motor:	3 hp Continuous Duty
Motor Manufacturer:	McMillan Motors (St. Paul, MN)
Motor Control:	Dual Microprocessor Digital Control System
Elevation Motor:	1000 lb. Thrust
Dimensions:	Running Surface: 20" x 54", Overall: 68"L x 30.5"W x 54"H
Treadmill Weight:	190 lbs.
Frame:	Welded aircraft grade extruded aluminum alloy with lifetime warranty
Speed Range:	0.5 to 11 mph
Elevation Range:	0% to 15% adjustable in 0.5% increments
Belt:	2 ply Stretch Resistant Premium Grade
Deck:	Custom designed, medium density fiberboard with phenolic surface
Rollers:	2.5" precision ground steel with permanently lubricated sealed bearings
Shock Absorption System:	Tri-Flex™ Impact Shock Management System
User Weight Capacity:	300 lbs.
Power Requirements:	120 VAC 50-60hz
Warranty:	Lifetime Frame, 12 years Drive Motor, 5 years Parts, 1 year Labor
Manufacturing Facility:	Made in the USA - West Caldwell, NJ
Motivational Feedback:	Time, Speed, Distance, Incline, Calories, Aerobic Points, Heart Rate, Heart Rate Zone



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Program Options:

- Quick Start
- Manual
- Calorie Coach

9 levels of intensity for each of these programs:

Rolling Hills, Speed Intervals, Mixed Intervals, Summit Climb, 5K Event, Endurance

Custom Programs: Two

Heart Rate Programs: Heart Zone Monitor, Target HRC, Fat Burn HRC, Cardio HRC

Fitness Evaluation: Yes

Displays: 10 X 12 Multi-Color Dot Matrix, 5 - .56" tall LEDs

Heart Rate Interactive: Yes

Express Speed Keys: Yes

Express Incline Keys: Yes

Automatic Warm-Up/Cool-Down: Yes