



## Empire Home Fitness

### Quick Spec Sheet



### X6200 Frame with all consoles (page 2)

Resistance System:	ECB-Plus™ Motor-operated Permanent Magnet
Drive Train:	Quiet-Glide™ Supersilent Poly-V Belt
Flywheel:	24 lbs. Balanced
Frame:	Heavy Gauge Steel Welded
Pedals:	Variable-durometer Footpads
Stride Length:	19 ¾"
Power:	Plug-in
Dimensions:	79"L x 27"W x 69"H
Folded Dimensions:	42"L x 27"W x 69"H
Product Weight:	199 lbs
Max. User Weight:	300 lbs.
Home Warranty:	Lifetime - Frame Lifetime - Magnetic Brake 3 Years - Electronics and Parts 1 Year - Labor



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### Elliptical Consoles

#### Simple Console

Programming:	LCD Manual, Muscle Toner, Intervals, Fat Burn, Incline, Rolling Hills, Mountain, Integrated Reading Rack
Console Feedback:	Watts, Distance, Time, Heart Rate, Calories, RPM, Program, Level
Heart Rate:	Contact
Program Levels:	16

#### Deluxe Console

Programming:	BLUE BACKLIT LCD SPRINT 8, Manual, Intervals, Fat Burn, Mountain, Random, Watts, Integrated Reading Rack
Console Feedback:	Watts, Speed, Distance, Time, Resistance, Heart Rate, Calories, METs, RPM, % Heart Rate
Heart Rate:	Contact
Program Levels:	20

#### Premier Console

Programming:	BLUE BACKLIT LCD w/ UPPER DISPLAY SPRINT 8, Manual, Intervals, Fat Burn, Mountain, Random, Watts, 5 Custom User Programs, 3 HRT® Programs, 3 Goal Programs, Integrated Reading Rack
Console Feedback:	Watts, Speed, Distance, Time, Resistance, Heart Rate, Calories, METs, RPM, % Heart Rate
Heart Rate:	Contact & Telemetric
Program Levels:	20